



Pegasus Springs
Therapeutic
Riding
Center



Huron Heroes & Horses Military Services Program

989-820-1787

www.pegasusspringsmi.com/huronheroesandhorses



Pegasus Springs Therapeutic Riding Center seeks to acquire it's
Eagala* Military Services Designation for our program,
"Huron Heroes & Horses"
to qualify for additional funding grants
for our veterans in NE Michigan

Points to Consider:

Our service members & veterans are never charged for the
services we provide them and their families

Safe, private, peaceful environment with horses, a mental health specialist,
and equine specialist

Typically, the first session consists of the herd with a mental health specialist
an equine specialist and the Veteran(s) in an open space giving them
each a chance to go out and get to know the herd

Sessions are one hour, usually with up to four visits

Family sessions can be arranged

Group therapy is more productive, while some individuals
will want a private session

Greatest acceptance happens when other veterans invite a friend

Veterans are more at ease working together and leaning on each other,
while building new networks with other vets

Other activities for bonding & decompressing can
be arranged after a group workshop

Opportunities are available for our vets to volunteer
and continue coming to the farm

Equine Psychotherapy no-show rate is less than 2%,
far below the national average

Non-traditional setting that doesn't feel like "therapy"

* Equine Assisted Growth and Learning Association

“Veterans are their own best therapists, the horses are the bridge,” one therapist says of Eagala, “I’ve seen it happen a few times a month for the past five years”

Herd dynamics help clients understand their own lives

The horse’s reactions provide un-biased and real-time feedback

All sessions work from the ground (unmounted)

Pre-determined goals aren’t addressed, unless needed for the grant

The client tends to find their own path to healing with the aid of the horses and specialists

“When I’m with the horses, the suicidal thoughts go away.”



- 95% of report a reduction of symptoms in at least one category
- 88% reported decreased physical tension
- 87% reported decreased cognitive problems
- 91% reported decreased anxiety
- 47% reported decreased pain

** based on a study of 243 data sheets, analysis performed by Dr. Nicola Philpott, former professor of statistics at the University of Minnesota*

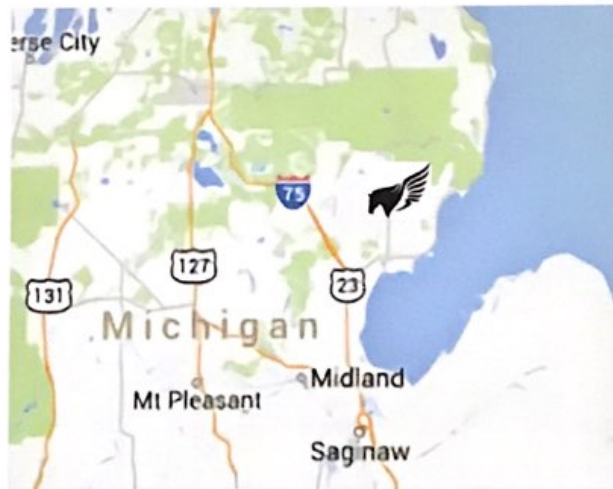
Pegasus Springs Therapeutic Riding Center,
a federally registered 501(c)3 non-profit organization
began operations in 2019 for
persons with cognitive, emotional & physical disabilities.
In August 2020, we will offer our military programming,

Huron Heroes & Horses, uses the Eagala mental health model
to give hope to our Military Veterans and Active Military
who are affected by PTSD.

Contact your local county Veterans Affairs Services Officer
to initiate your appointment.

There will be no charge to you or your family for our service.
It's the least we can do for you.

***Thank You for your sacrifice & dedicated
service to our Country***



Pegasus Springs is located in Iosco County,
on the southern edge of the Huron Manistee National Forest,
just 30 min. east of West Branch / 20 min. west of Tawas City/East Tawas.

We are an easy drive,
just 7 minutes NE of the intersection of M-55 and M-65

4800 Old State Road, National City, MI 48748

Call or text 989-820-1787 or 269-967-7773, ask for Barb
or email us at pegasusspringstrc@gmail.com